

SCHOOL MENTAL HEALTH ASSIST

Taking Flight 2017-2020

WHAT WE DO

School Mental Health ASSIST (SMH ASSIST) is a provincial implementation support team, working alongside the Ministry of Education, to help all 72 Ontario school districts to enhance student mental health and well-being.

SMH ASSIST provides leadership and guidance, implementation coaching, tailored resources and a community of practice, in order to enhance quality and coherence in mental health promotion and prevention programming in schools.

WHY WE DO WHAT WE DO

Schools are an excellent place to promote student mental health and well-being. We believe that by supporting all Ontario school districts to create conditions that support learning and wellness, building staff capacity and encouraging uptake of sustainable evidence-based programming that is responsive to local needs, we can help all students to flourish and to remain resilient as they journey through life.

WHAT WE'VE DONE

Since 2011, SMH ASSIST has been working alongside the Ontario Ministry of Education, and mental health leadership teams within all 72 school districts and four remote school authorities, to set the foundations for effective practices in school mental health.

Quantitative and qualitative data gathered since 2012 suggests that boards are making significant progress in building the organizational conditions and capacity associated with successful evidence-based, implementation-sensitive mental health programming in schools.

KEY AREAS OF FOCUS, 2017-2020

With foundations in place, school mental health in Ontario is ready to Take Flight! Strategic Directions for 2017-2020 are focused on deepening work across the five pillars established in the first phase of the strategy, and adding Youth and Family Engagement, Voice and Leadership to catalyze mental health awareness and promotion initiatives across Ontario schools.



ORGANIZATIONAL
CONDITIONS



CAPACITY-BUILDING
FOR SCHOOL PROFESSIONALS



EVIDENCE-BASED
PRACTICE



SPECIFIC
POPULATIONS



COLLABORATIVE
SYSTEM COORDINATION



YOUTH AND FAMILY
ENGAGEMENT

School Mental Health ASSIST - Using Science and Strategy to Enhance Student Mental Health in Ontario.

LEARN MORE...

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