

SYSTEM-WIDE SCHOOL MENTAL HEALTH

Core Elements of Success

To truly reach every student with high-quality mental health promotion, prevention and intervention services, a system lens is required. Applying this lens at a district, regional, provincial and/or national level helps to ensure quality and coherence across a jurisdiction. The following core elements of a system-wide approach, the ACQESS model, can be helpful when planning, monitoring or modifying comprehensive school mental health strategies and initiatives

ACQESS SYSTEM-WIDE SCHOOL MENTAL HEALTH



ALIGNMENT

Help jurisdictions to position efforts to enhance student mental health and well-being within existing structures and processes, and alongside other strategic initiatives.



CONSISTENCY

Follow a system-wide strategy to ensure clear leadership, common messaging and consistent coaching across the jurisdiction.



QUALITY

Assist all schools in the jurisdiction to access, deliver and evaluate evidence-based, implementation-sensitive mental health promotion and prevention programming.



ENGAGEMENT

Co-design, co-create and co-deliver mental health resources alongside key stakeholder groups within the jurisdiction. Include youth and family voice!



SCALABILITY

Create a detailed and feasible plan for scaling up any proposed school mental health strategy or related initiative across the jurisdiction EARLY, to ensure that it can ultimately reach all students intended to benefit.



SUSTAINABILITY

Ensure that needed organizational conditions, capacity, protocols, roles, funding, etc. are in place in order to promote longevity, and protect and optimize mental health investments.

For more information about the ACQESS model for System-Wide School Mental Health, visit www.smh-assist.ca and follow us on Twitter @SMHASSIST to learn how!